

(1) Hold MODE button for 3 seconds, (2) Select desired mode with MODE button,				
(3) Wait 3 seconds to SAVE automatically.				
MODE	TIME	STYLE	TYPE	ALERT
10	1:00	Dinghy	Once	None
11	1:00	Dinghy	Rolling	None
20	2:00	Dinghy	Once	None
21	2:00	Dinghy	Rolling	None
22	2:00	Dinghy	Once	15 sec
23	2:00	Dinghy	Rolling	15 sec
24	2:00	Dinghy	Once	60 sec
25	2:00	Dinghy	Rolling	60 sec
30	3:00	Dinghy	Once	None
31	3:00	Dinghy	Rolling	None
32	3:00	Dinghy	Once	15 sec
33	3:00	Dinghy	Rolling	15 sec
34	3:00	Dinghy	Once	60 sec
35	3:00	Dinghy	Rolling	60 sec
36	3:00	Rule 26	Once	None
37	3:00	Rule 26	Rolling	None
38	3:00	Rule 26	Once	60 sec
39	3:00	Rule 26	Rolling	60 sec
40	3:00	Dinghy	Rolling 3+1	None
41	3:00	Dinghy	Rolling 3+1	15 sec
42	3:00	ICSA-C	Once	None
43	3:00	ICSA-C	Rolling	None
44	3:00	ICSA-C	Once	15 sec
45	3:00	ICSA-C	Rolling	15 sec
50	5:00	Rule 26	Once	None
51	5:00	Rule 26	Rolling	None
52	5:00	Rule 26	Once	60 sec
53	5:00	Rule 26	Rolling	60 sec
54	5:00	Rule 26 RCL	Once	None
55	5:00	Rule 26 RCL	Rolling	None
56	5:00	Rule 26 RCL	Rolling	60 sec
57	5:00	Rule 26 RCL	Rolling	60 sec
70	7:00	Match	Once	None
71	7:00	Match	Rolling	None
80	10:00	Match	Once	None
81	10:00	Match	Rolling	None
90	10:00	Rule 26	Once	None
91	10:00	Rule 26	Rolling	None
92	10:00	Rule 26	Rolling 5+5	None
93	10:00	Rule 26	Rolling 5+5	60 sec